



DR HORSMAN RETIRES

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Special points of interest:

- Dr Horsman's retirement
- New Salaried GP
- Flu vaccinations
- Extended Hours
- Marathon Effort
- Holiday Vaccinations

We are sad to announce the retirement of Dr Anne Horsman from the Practice this August. Anne joined Ware Rd in December 1992 as a locum for Dr Handysides and from May 1993 became a permanent salaried assistant.



She qualified at her home town University of Glasgow in 1972, and after house officer posts in Medicine, Surgery and Obstetrics in Central Scotland, spent two and a half years in the Yemen Arab Republic on a rural health project with the British Volunteer Programme.

Returning to the UK at the end of 1976, she gained Paediatric experience in Greenwich and completed her GP training in Thamesmead in South East London where she became a part-time partner until relocating with her husband's job to Sheffield in 1985. There, son number three was added to the family and various part-time jobs in GP and psychiatry undertaken. Her husband's job moved the family South again in 1990, and she worked as a locum in practices in Stevenage before coming here.

Dr Horsman adds her own 'Farewell' overleaf

DR HORSMAN RETIREScontd

There are a lot of “buzzwords ” around nowadays, in every profession and business – ‘mission statement’, ‘quality standards’ – that sort of thing. They can become hackneyed.

But there’s one that keeps popping up in statements about the Health Service, which I rather like:

PATIENT- FOCUSSED

It is what Ware Rd Surgery is, and it describes the essence of General Practice.

The doctors and nurses listen, examine, investigate, treat, prescribe, refer and confer with each other. But reception, secretarial and administration staff too, find themselves providing a listening ear, often alert clinical staff to a patient’s problems and are involved in expediting prescriptions, investigations and referrals.

The experience of working together for the good of our patients has given me the most satisfaction in my 15 years at the practice.

I am not exactly saying ‘Farewell’, as I may pop up occasionally as a locum and will be providing a private Homeopathy service based at the practice one afternoon per week. Unfortunately, NHS provision for Homeopathy is shrinking rather fast at present.

And the bike? – I never learned to ride a bike as a child, but my husband cycles thousands of miles every year, so it seemed imperative to sort that out before I retired. Next to my medical degrees and my Homeopathic diploma, my proudest qualifications are my two ‘Hertfordshire Young (!) Cyclists’ cycling proficiency certificates earned a year ago. Since then, I have been able to accompany him on my bike along the Mosel valley in Germany and the Lowlands of Holland as well as in Hertfordshire. More free time may allow me to contemplate hillier journeys!

PNEUMONIA/FLU VACCINATIONS

We are now offering all of our patients who are over the age of 65 years the chance of having the pneumonia injection.

If you would like to have this done please see the receptionist, who will book you in.

CALLING ALL PATIENTS OVER THE AGE OF 65!!

Flu vaccinations

These clinics will commence from mid-October.

Please contact reception from the end of September to book your slot.

ON THE WEB (www.wareroadsurgery.co.uk)

Last year we launched our very own website.

This enables our patients to order prescriptions online, download holiday vaccination forms and be kept up to date with the latest information.

For those patients who have internet access we hope that this will save you time having to come in and order prescriptions and by doing this via the web you can also designate the pharmacy you wish to pick your prescription up from.

It will also keep you up to date with extended hours, enable you to view our Practice Leaflet and the latest news on the up and coming flu clinics.

NEW LOCUM GP

Ware Road would like to welcome Dr Jawad Shahzad to our team.

Dr Shahzad trained in Pakistan and has worked locally at the QEII and local GP Practices since 2004.

Whilst being and SHO at the QEII

Dr Shahzad has done research into urological cancer and extensive medi-

Papers in psychiatry.

Dr Shazhad will start surgeries here in August.

EXTENDED SURGERY HOURS

At Ware Road Surgery we are pleased to now be able to offer appointments outside of normal surgery hours.

These appointments are primarily for those patients who find it difficult to attend appointments in our normal 8 a.m to 5.30pm time range

These appointments are on Saturday mornings and Wednesday evenings and are made in the normal way by phoning to make an appointment with reception.

OUT OF HOURS

(18.00-08.00 weekdays and bank holidays) can be contacted on

03000 33 33 33

MARATHON EFFORT!!

77 Ware Road

Hertford

Hertfordshire

SG13 7EE

Phone: 01992 414500

Fax: 01992 504623

Back on April the 13th I undertook to run the London Marathon.

The day started bright and sunny but soon deteriorated at around 24 miles to lashing rain and hailstones!! I had been training since January, when I found out that I had been selected to run for Help the Hospices and in training had managed as far as 20 miles. The cheering and encouragement from the crowds was absolutely amazing. All around the 26.2 mile route the crowds were at least 4 deep—shouting your name and handing out jelly babies (which from 20 miles onwards was very much needed!!). As I entered Birdcage walk, the end was in sight, with a big banner proclaiming 385 yards to go! - I can tell you now that it was the longest 385 yards I have ever run in my life!!



Through the generosity of family, friends, doctors and Ware Road patients I raised £1,850 for Help the Hospices. I would like to take this opportunity to thank all those people who kindly donated—I couldn't have made those last few yards without you!.

It was an amazing experience (not one I want to repeat just yet!!) and I am pleased that I managed to run the whole distance in 4 hours and 39 minutes.

HOLIDAY VACCINATIONS

The school holiday are now well and truly upon us.

Just to remind you that the Practice Nurse needs 4-6 weeks advance notice of holiday vaccinations

You will need to let the receptionist know when and where you are going on holiday and they will issue you with one of our holiday vaccination forms. You will need to fill this in and from there the nurse\receptionist will contact you with the vaccinations you will need and an appointment time to come along.

There is also a fee for malarial tablets, in that you need to pay £15.00 for a private prescription for these to be dispensed.